



East Park Terrace
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www.solent.ac.uk

MSC CLINICAL EXERCISE SCIENCE

Welcome to the MSc Clinical Exercise Science postgraduate degree at Southampton Solent University.

Congratulations! You have made the first step in becoming a clinical exercise specialist (CES) in what is an increasingly challenging, scientific, and fast-moving industry. The global burden of diseases such as cancer and cardiovascular disease, account for approximately 41 million deaths each year, equivalent to 71% of all deaths globally.

Exercise and physical activity are now regarded as frontline, non-pharmacologic treatments for clinical disease - this is where **YOU** come in! As a CES, you will be contributing to the health and wellness of those who are vulnerable and have been affected by clinical disease. On this course, you will learn the practical and theoretical skills needed to take the next steps in your clinical exercise career. It is recommended that students on this course have a background in exercise instruction, or with working with patients in a clinical exercise capacity, however, this is not a problem! The course is designed to provide you with all the necessary qualifications that will provide you with the necessary skills to work with clinical patients. Therefore, you will also have the opportunity in completing the following additional CPD courses:

- Level 4 Cardiac Rehabilitation Instructor Award
- Level 4 Cancer Rehabilitation Instructor Award
- Active IQ Level 2 Gym Instructor
- Active IQ Level 3 Exercise Referral

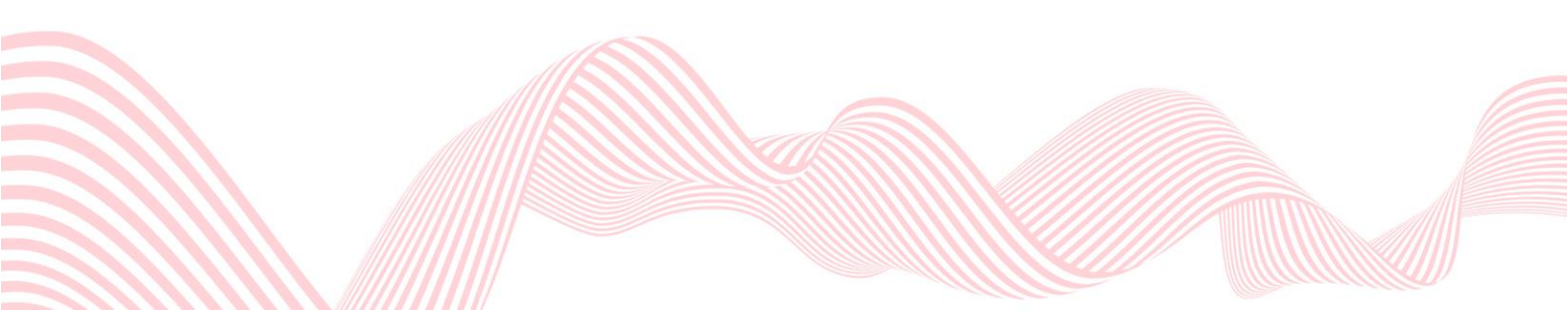
All CPD are factored into the course and will be taught alongside your Level 7 MSc content.

The teaching team and I are really excited to meet you all and to welcome you to both the University and city of Southampton. We hope you have an outstanding experience with us and wish you the very best with your studies.

Best wishes

Kevin Busuttil

Kevin Busuttil (Course Leader MSc Clinical Exercise Science)





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DBS

Due to the nature of the work that you will carry out as part of your studies, a Disclosure and Barring Service (DBS) check is a mandatory requirement for your course. Even if you have undertaken one previously you still require a new one before starting your course.

Please follow the instructions below and ensure you have completed the process before you begin your course (please note that the online process may take 8-10 weeks to complete, so it is advised to start this early).

Self Registration

You can register to access our online application service if you have been given an Organisation ID and Access Code.

Organisation ID
ORG-W91CRB2P

Access Code
Sports1234

Email

☐ I'm not a robot 

Next

Requirements: You must have an active and accessible email address.

Please use your course link to start the DBS process: [MSc Clinical Exercise Science - DBS](#)

Organisation ID: ORG-W91CRB2P

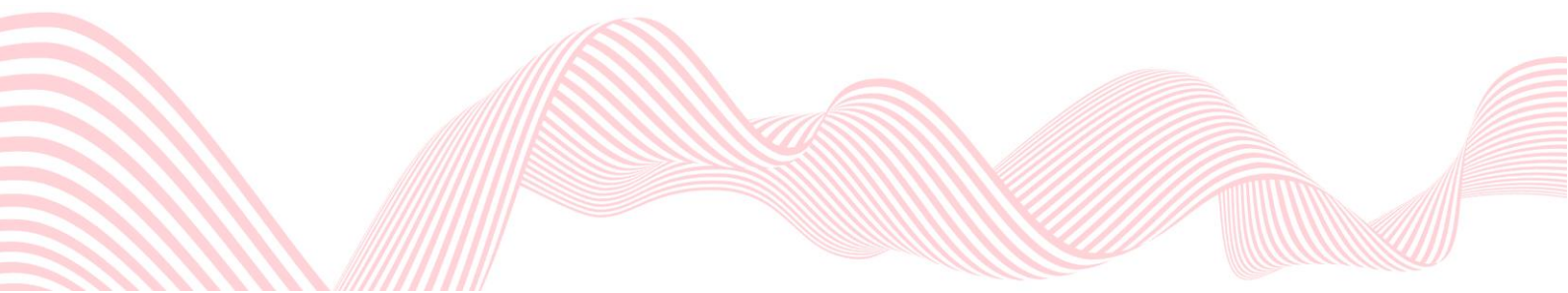
Access code: Sports1234

When you click on the link, your screen should look like this. Please add in the 'Organisation ID' and 'Access Code' listed above if they are missing.

Once you have completed your online application you will need to print out the barcoded sheet and take this along with your documents to a Crown Post Office. The Verification process means you must present your chosen documents to an appointed verifier at the Post Office. They will need to certify that these documents are valid in support of your DBS application in line with the DBS code of practice (please note there will be a small administration charge for this which you will need to pay for, however, the University will cover the cost of the DBS).

You can find your nearest Post Office providing this service by visiting the [Post Office website](#).

SPORTS KIT





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As you will be representing the University during placement and community events, we negotiated special rates with our partners at Serious Sport. You can click [solent-sport-courses](#) to order and pay for your kit directly on the website - consider a top (shirt/polo) as a minimum.

Please note there is a lead time; it would be ideal to place your order before Sunday, 23 August 2026 to have your kit ready for your arrival during welcome week.

