



Welcome Week September 2026

BSc (Hons) Sport and Exercise Therapy

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	09:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00
Monday 21st September 2026		Head of School Welcome Talk	Welcome Talk	Icebreaker & Photographs	Course Led Activity	Full course team building		Overview and Expectations
		SB4002/SB4003	Sports Hall 1 & 2 (SB1022)	SB4002/SB4003	Campus tour	SB4002/SB4003		SB5007
Tuesday 22nd September 2026	First Aid Course (Group 1)							
	SB5004							
		Tutorials / DBS Check / Online Access / Group Activities (Group 2 and 4)			Society of Sports Therapists (Group 2 and 4)	What is a Sports Therapist? / Anatomy Workshop (Group 2 and 4)		Enrolment and Campus Card Issue (Group 2 and 4)
		SB5007			SB5007	Sports Therapy Teaching Rooms (SB5007)		TS111
Wednesday 23rd September 2026	First Aid Course (Group 2)							
	SB5004							
		Tutorials / DBS Check / Online Access / Group Activities (Group 1 and 3)		International students - Life in Southampton	Society of Sports Therapists (Group 1 and 3)	What is a Sports Therapist? / Anatomy Workshop (Group 1 and 3)		Enrolment and Campus Card Issue (Group 1 and 3)
		SB5007		Palmerston Lecture Theatre	SB5007	Sports Therapy Teaching Rooms (SB5007)		TS111
Thursday 24th September 2026	First Aid Course (Group 3)							
	SB5004							
			NHS Registration (Group 2 and 4)		Freshers Fair			
			TS101		Sports Building			
Friday 25th September 2026	First Aid Course (Group 4)							
	SB5004							
			NHS Registration (Group 1 and 3)	Student Visa Advice and Compliance Talk				
			TS101	LT1				

Must be completed online this week:	Consent & Bystander Training	Library Induction	Learning Technologies Induction	Support Services
	Click Here	Click Here	Click Here	Click Here

A - Michael Andrews building	LT - Lecture Theatre in Michael Andrews building		
CC - Sir Christopher Cockerell building	RM - Reginald Mitchell building		
HC - Herbert Collins building	SB - Solent Sports Complex		
JM - Sir John Everett Millais building	TS - The Spark building		
Colour Key:	On-campus activities	Online activities (mandatory)	Optional

Optional Activities:	
NHS Meningococcal B Vaccination Pop-Up Clinic TS008 Monday 21st & Wednesday 23rd 9:00 - 17:00	Welcome BBQ The Quad Tuesday 22nd 12:30pm - 2:30pm