



Welcome Week September 2026

MSc Strength and Conditioning

	09:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00
Monday 21st September 2026				Consent Training	Library Induction	Learning Technologies Induction	Support Services	
				Click Here	Click Here	Click Here	Click Here	
Tuesday 22nd September 2026								
Wednesday 23rd September 2026				Life as an International Student in Southampton				
				Palmerston Lecture Theatre (International students only)				
Thursday 24th September 2026			Bystander Training	NHS Registration	Freshers Fair			
			TS202	TS101	Sports Building			
Friday 25th September 2026	Welcome Talk and Induction	Course Led Activity		Enrolment and Campus Card Issue	Peer Support	Course Led Activity		
	SB3002A/B	SB4003		TS111	TS202	SB4003		
				Student Visa Advice and Compliance Talk LT1 (International students only)				

On-campus activities
Online activities (mandatory)
Optional

A - Michael Andrews building

CC - Sir Christopher Cockerell building

HC - Herbert Collins building

JM - Sir John Everett Millais building

LT - Lecture Theatre in Michael Andrews building

RM - Reginald Mitchell building

SB - Solent Sports Complex

TS - The Spark building

Download Microsoft Teams
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