

Pay as you go prices

	Student off peak	Student peak	Public off peak	Public peak
Fitness classes	£3.50	£3.50	£3.50	£3.50
Gym and weights	£4	£4	£5	£5
Squash	£4.80	£6.70	£5.80	£6.70
Table tennis (1 hour)	£5	£5	£5	£5
Badminton	£5	£6.70	£6.70	£8.10
Solent Youth Sessions	£1			

Bookings charged for 40 minutes at a time, unless stated otherwise.

Off peak: Monday to Friday before 4pm and all weekend.

Peak: Monday to Friday after 4pm.

Opening times:

Monday to Friday 7am to 10pm last entry 9pm

Weekends: 9.30am to 8pm

last entry 7pm

Closed bank holidays

Smartcities card holders welcome - pay as you go gym off peak session £3

Sports halls, activity room and a meeting room are available to hire. Prices on application. Please email solent.sport@solent.ac.uk for more details.

