

**Southampton
Solent
University**

www.solent.ac.uk
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Nursing, mental health, medical science and social work

2025 undergraduate courses



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Gold-standard teaching and opportunities

Our focus on practical knowledge and employment opportunities is just one of the reasons we're rated gold in the latest Teaching Excellence Framework (TEF) review from the UK government Office for Students.

TEF recognises excellence in teaching, learning and achieving positive outcomes for students - with gold status awarded only to universities offering outstanding student experience and career outcomes.



Overall: **Gold**

Student experience: **Gold**

Student outcomes: **Gold**

Teaching Excellence Framework

Make a difference and have a rewarding career

With the government's commitment to deliver 50,000 more nurses, there are many opportunities to carve out a career in care. With the growing importance of exercise and nutrition as the foundation for wellbeing, and the need to protect and support vulnerable people in the community, there are many other rewarding careers in the public health, social work and wellness sectors.

With health high on the agenda for the general population, you can be confident that you will be joining a community of academics at Solent who have a wealth of experience that puts you in the best place to start your professional career.



Why Solent?

Real-world experience

Thanks to our strong relationships with practitioners and our partnerships with the NHS and other health and social care providers, you'll enjoy top-quality placements and real-world experience.

Through the nursing programmes, you'll work with practitioners and other professionals to undertake a significant amount of clinical placement at every level of your course, across community, primary care and hospital settings under appropriate supervision.

For health, nutrition and exercise science, we have a wealth of in-house health and wellbeing initiatives for you to get involved with including a personal training scheme, a strength and conditioning academy, an exercise rehabilitation clinic, a nutrition counselling service, as well as placement opportunities through our external partnerships.

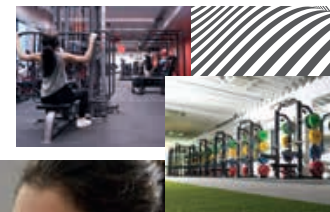
For biomedical science, you can build lab experience in our specialist teaching labs while working with biomedical science practitioners and other professionals throughout the course.

Specialist facilities and equipment

- Our six-bed simulated nursing ward, bathroom and kitchen reflects acute patient care in a clinical environment. In addition, our community facility includes a waiting room, a GP consultation room, a treatment room and a care home room.
- The teaching team, made up of academics with extensive industry and research experience, will guide you as you apply your new-found research skills to a range of experiments and projects.
- Our specially designed nutrition teaching facilities allow students to gain hands-on experience in a teaching kitchen.
- Our two teaching laboratories are comprehensively equipped and include laminar flow hoods and incubators for microbiological work, spectrophotometers for analytical biochemistry, PCR and gel electrophoresis running/imaging systems for molecular biology, and a range of microscopes for cell biology and pathology.



- Our ultra-modern sports complex features a multi-use sports hall and separate performance sports hall with seating for 500 people; a community health and fitness gym; BASES-accredited physiology and biomechanics laboratories; a sport and exercise psychology lab; a bespoke strength and conditioning and high-performance gym, topped off with our sport and exercise therapy floor with three bespoke clinic spaces.



Our great city



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- **Southampton is a thriving city that has recently had a £1.6 billion injection of investment. It's well served for healthcare and wellbeing, and the University Hospital Southampton NHS Foundation Trust provides services to 1.9 million people.**

It enjoys Premier League, international and county cricket and world-class sailing. Calshot Activity Centre hosts watersports, snowsports, rock climbing and the south's only indoor velodrome. The neighbouring New Forest is a major draw for cycling, running and riding. Southampton Solent University enjoys partnerships with many sports organisations, including the Southampton Sports Centre and Gleneagles Equestrian Centre.

Southampton is a city of live music: renowned venue The Joiners has launched many bands, stadium acts come to the Utilita Bowl, the O2 Guildhall hosts the mainstream, and festivals and street music thrive. The city also has great shopping as well as a range of cinemas and theatres.

With a vibrant and diverse student population of around 40,000, in a city of over 250,000, it's a great place to budget and live as a student.

BSc (Hons)

Adult Nursing Practice

UCAS tariff: 104–120

Course page and UCAS code: www.solent.ac.uk/ANP1

Our NMC-accredited adult nursing practice degree will give you the skills to qualify as a confident and caring nurse.

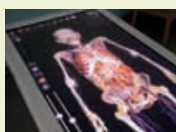
- Learn using specialist nursing facilities including a nursing simulation suite, nutrition laboratories and biomedical science laboratories.
- With a case-based approach to teaching and learning, the course combines three strands of learning: applied theory, nursing simulation and action learning, and nursing practice.
- As part of your studies you will have the opportunity to undertake a work experience placement.
- You will be supervised by a team of practice supervisors and assessed by a practice assessor.
- In the UK's top 25 for assessment and feedback (NSS 2023).
- If you're not quite ready for a full undergraduate degree, you can qualify through our foundation year.

High emphasis is given to clinical skills training and the course features a case-based approach to teaching and learning using the simulation facilities. All students are given placements across community, primary care and hospital settings, allowing you to observe, examine, assess and engage with adult patients and service users. You'll be supported by academic staff with practice and research experience, alongside clinical educators from our partner NHS Trusts.



Suitable roles for graduates include:

Advanced practice nursing, nurse education and mentoring, healthcare management, ward sister, lead nurse, charity or aid work, armed forces and the prison service.



Magdalena Cooper

Staff Nurse, Emergency Department

BSc (Hons) Adult Nursing Practice, 2021
- now known as BSc (Hons) Adult Nursing

Tell us about your current role.

My role as an emergency department nurse requires me to rapidly recognise deteriorating patients (adults and pediatric), and escalate effectively to senior clinicians.

Following appropriate medical pathways and protocols, accurate documentation and effective team communication are key to ensure minimising delay in attaining medical help which gives patients the best possible health outcome.

What do you enjoy about your work?

I mostly enjoy the anticipation of what might come through the door. Every day is different, and I never really have to work in the same area of A&E, so it's not monotonous at all. I enjoy working with different healthcare professionals such as doctors of multiple grades, paramedics and ENPs. You learn so much every day and there are plenty of learning opportunities within the department. We have courses advertised and teaching sessions every week to enhance our development. All this helps not just with CPD hours but your own nursing development - so the more you shape your learning and study hard, the better the reward in your career in the future.

What did you like about studying at Solent?

I very much enjoyed studying at Solent due to the tutor support, which was beyond any other university. Also, the placement officers and people working in student support were amazing. When I was out on my placements and during teaching sessions, I was able to access support



when I needed it. The tutors especially were very committed in helping us to grow and develop the necessary knowledge and skill in nursing, which I can honestly say prepared me well and gave me confidence.

What are the benefits of doing placements?

I found every placement taught me something new and gave me skills and confidence. There were many ways to spend placements, from study days to following a team or clinician. I learnt about new research and long-term conditions and gold standards/treatments. All this helped me not just in building a good rapport with people I worked and work with but also building trust which goes a long way especially when you want to make good impression for the future.

What are your hopes for your future career?

I am working towards becoming an emergency nurse practitioner which is my next step. I would like to develop clinically as I very much enjoy anatomy and physiology, working closely with doctors and other senior clinicians following medical pathways and history taking.

I am extremely happy to be part of this experience and I cannot wait to see what the future will bring!



Jake Rogers

Emergency Department Nurse

BSc (Hons) Adult Nursing, 2021

Can you tell us about your role?

I am currently a band 5 nurse in the emergency department (ED); my role is crucial in providing immediate and life-saving care to patients in critical conditions. I triage and assess patients, prioritise their care, and collaborate with a multidisciplinary team to manage emergencies effectively.

I perform clinical procedures, such as venipuncture, IV cannulation, wound care, and medication administration, which is all essential in ensuring prompt treatment delivery. I closely monitor patients' vital signs and observations, swiftly detect any changes in their conditions, and take immediate action when necessary.

Effective communication is a vital aspect of my role, as I interact with patients and their families, explaining diagnoses, treatment plans, and providing reassurance during stressful situations. Additionally, accurate documentation of patient information, assessments, treatments, and interventions ensures continuity of care and supports legal and audit requirements.

What do you enjoy about your work?

One of the aspects I enjoy most about being a nurse in the emergency department is the fast-paced and dynamic nature of the work. Every day brings new challenges and opportunities to make a significant impact on patients' lives. The adrenaline rush that comes with handling medical emergencies and providing immediate care is truly exhilarating. It keeps me on my toes and allows me to continually sharpen my clinical skills and critical thinking abilities.

Additionally, the collaborative environment in the ED is incredibly rewarding. Working closely with a diverse team of healthcare professionals, including doctors, paramedics, and technicians,

fosters a strong sense of camaraderie and mutual support. We collaborate seamlessly, pooling our expertise to ensure the best possible outcomes for our patients. The teamwork and shared commitment to providing exceptional care create a positive and fulfilling work environment.

What are your biggest challenges?

As a nurse in the Emergency Department (ED), I have faced various challenges that have contributed to my professional growth. One of the most significant challenges I have encountered is the high-pressure environment and the constant influx of critically ill patients. Handling emergencies and making critical decisions in fast-paced situations can be demanding, requiring quick thinking and the ability to remain calm under pressure. However, I have learned to adapt and develop effective strategies to prioritise care and provide timely interventions.

Additionally, the diverse and complex nature of patients and their conditions can pose challenges in providing comprehensive and individualised care. Balancing multiple patient needs, coordinating with various healthcare professionals, and ensuring effective communication can be demanding.

How did Solent help your career?

- **Academic knowledge:** The academic courses in my nursing program equipped me with a solid understanding of anatomy, physiology, pharmacology, and various medical conditions. This knowledge forms the basis of my clinical practice and enables me to assess and intervene effectively in emergency situations.
- **Clinical skills training:** University provided extensive practical training in essential clinical skills, such as venipuncture, wound care, medication administration, and emergency procedures. These hands-on experiences

in simulated environments prepared me to confidently perform these skills in real-life ED settings.

- **Critical thinking and problem-solving:** Nursing education emphasised critical thinking and problem-solving skills. I learned to analyse complex situations, consider multiple perspectives, and make sound clinical judgments. This ability to think critically is essential when managing emergencies and making quick decisions in the ED.
- **Communication and interpersonal skills:** University emphasised effective communication and interpersonal skills, which are crucial in the ED. Through role-playing exercises and interactions with simulated patients, I developed the ability to communicate clearly, empathise with patients and their families, and collaborate effectively with the healthcare team.
- **Professional values and ethical considerations:** Nursing education instilled in me the importance of upholding professional values, ethics, and confidentiality. I learned to prioritise patient autonomy, advocate for their rights, and navigate ethical dilemmas in the ED setting.
- **Exposure to clinical practice:** The practical placements during my nursing program allowed me to gain hands-on experience in various healthcare settings, including emergency departments. These experiences provided me with a glimpse into the realities of ED nursing, familiarising me with the environment, patient population, and workflow.

What advice would you give those who want to follow in your footsteps?

Advice that I would give to anyone who is a student, now especially, is to try and enjoy it. Ask as many questions as you can and gain as much knowledge as possible, the NHS is full of so many smart people that specialise in many subjects and often if they are passionate about the area they are in they can talk for hours on end, so definitely gain as much knowledge as you can on everything relevant to your job.

“Every day brings new challenges and opportunities to make a significant impact on patients' lives.”

What do you hope to do in your career in future?

The beautiful thing about the NHS is it offers so many different options. If you want to be a ward manager or a matron you can, or if you want to be a band 5 nurse forever you can. For me, I would like to increase my clinical knowledge and progress up what I call the clinical ladder into a role such as an advanced clinical practitioner (ACP) or advanced nurse practitioner (ANP), maybe even working in an outreach team or even as one of the ACPs in ED - either way, I aim to gain as much clinical knowledge as possible and work in high acuity settings for my career.

BSc (Hons)

Biomedical Science

UCAS tariff: 104-120

Course page and UCAS code: www.solent.ac.uk/BS01

If you want to work at the forefront of science in diagnosing and treating diseases, our Institute of Biomedical Science (IBMS) -accredited degree will give you the lab and research skills to succeed.

- This course will give you a strong foundation of scientific knowledge coupled with proven technical skills. This provides a starting point for a wide-range of NHS, pharmaceutical or biotechnology careers.
- An individual final-year research project and work-related laboratory assignments mean that you'll graduate feeling ready to take the next steps in your career.
- Learn from our academic team and guest speakers who have extensive experience in a range of clinical and laboratory settings.
- Build lab experience in our specialist teaching labs, including laminar flow hoods and incubators for microbiology, spectrophotometers for biochemistry, and PCR and gel electrophoresis imaging systems for molecular biology.

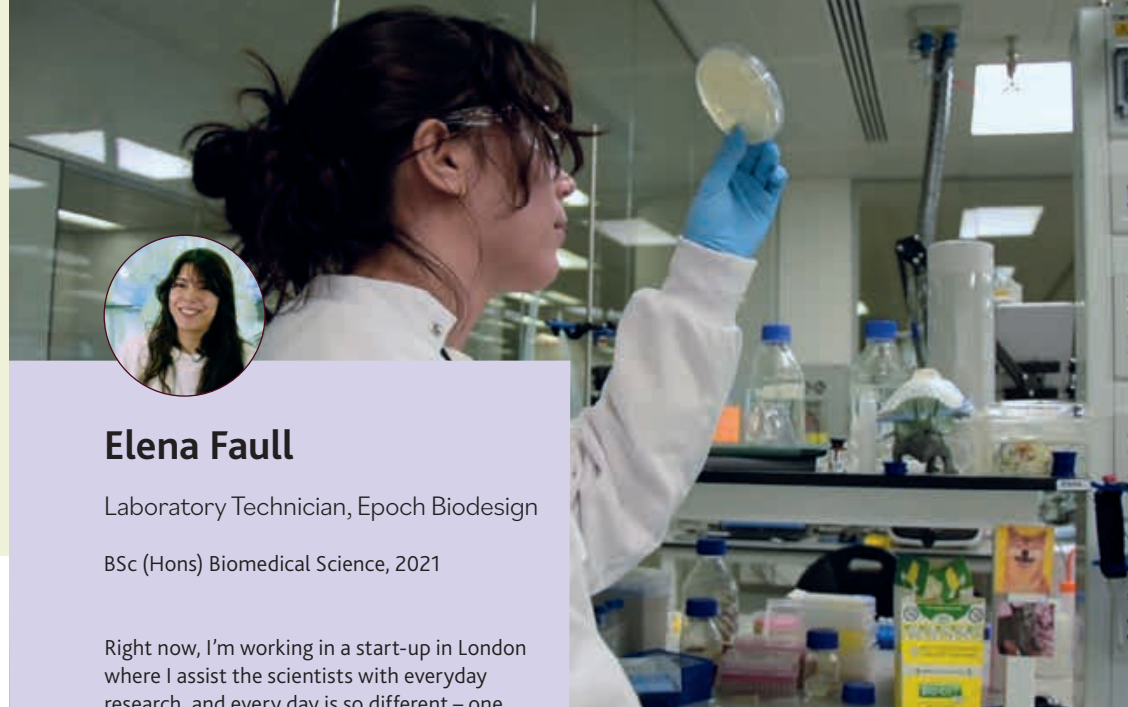
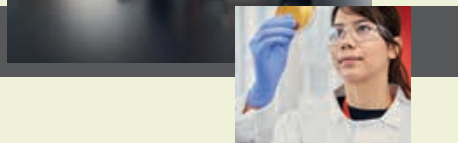
- 2nd in the UK for teaching in medical sciences studies, out of 95 institutions (NSS 2024).

On this Institute of Biomedical Science (IBMS) accredited course you'll explore the latest technologies and experimental treatments for biomedical science research, which can lead to the development of new diagnostic procedures or therapeutic intervention strategies.

The course has employability at the heart of teaching, allowing you to explore a range of career options and specialise in the area that interests you. It also provides access to comprehensively equipped laboratories to practise your technical skills.

Suitable roles for graduates include:

Biomedical scientist, forensic scientist, healthcare scientist microbiologist, physician associate, laboratory technician, pharmaceutical technician, research scientist, toxicologist.



Elena Faull

Laboratory Technician, Epoch Biodesign

BSc (Hons) Biomedical Science, 2021

Right now, I'm working in a start-up in London where I assist the scientists with everyday research, and every day is so different – one day we are working on strain engineering or in fermentation, another day it could be protein purification. It's something I really enjoy because I'm learning something new every time I come to work.

My studies at Solent helped me prepare for my career by giving me all the lab skills I needed. While I'm working in biochemical engineering right now, the biomedical science course gave me the lab experience I needed which is quite transferable, so I have all the necessary lab skills I need to excel in this career.

In the science field there's so many different disciplines and it's really best to choose what you want to do at university – you've got biochemistry, biomedical science or bio-engineering, so I would say, if you're unsure, go for biomedical science because it gives you a lot of transferable skills. You could go on to work in the NHS if you wanted to, and gain your portfolio which is something you might not be able to do with biochemistry – so it really does open the door for you in a vast range of scientific fields.



I would recommend Solent to anyone – being at Solent has changed my life."

I would say I'm definitely looking forward to either progressing to a master's or a PhD. My time at Solent enabled me to go and achieve that if I wanted to, which I'm really grateful for.

I would recommend Solent to anyone – being at Solent has changed my life. I've met so many great friends and learned so many vital skills that I use daily in work, and I would just say it's amazing. I miss my time at Solent!

BSc (Hons)

Health, Nutrition and Exercise Science

UCAS tariff: 104-120

Course page and UCAS code: www.solent.ac.uk/HN01

If you have a passion to help people reach their wellness goals through nutrition and exercise, this course will give you the practical experience to launch a rewarding career in a growing sector.

- This course is endorsed and certified by relevant governing bodies such as CIMSPA and the Association for Nutrition.
- We have one of the UK's leading sport and exercise science facilities; our physiology laboratory is officially accredited by the British Association of Sport and Exercise Sciences (BASES).
- Opportunities to gain extra qualifications include gym instructing, healthcare, nutrition and cancer rehabilitation, and gain experience working with clients whilst studying, making you hugely employable upon graduation.
- Students have access to the University's professional sport and exercise science facilities, including fully equipped physiology, psychology and biomechanics labs and health and exercise gyms.

Whether your passion is in health and fitness, physiology and exercise science, nutrition or helping people overcome their health challenges, this course offers two inspiring pathway options:

Fitness and personal training pathway

The pathway will provide you with a wealth of advanced skills in personal training as well as building your business and entrepreneurial skills, to make you work ready.

Health and exercise science pathway

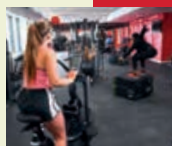
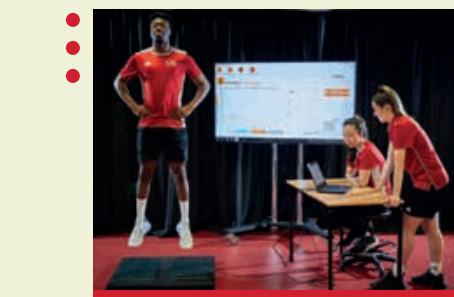
This pathway prepares you for a range of careers

in the health and wellbeing sector. Graduates from this pathway have gone on to have successful and rewarding careers as nutritionists, exercise rehabilitation specialists, public health practitioners and NHS health and wellbeing advisors.

Suitable roles for graduates include:

Fitness and personal training pathway career opportunities include: personal trainer, soft tissue therapist, sports nutritionist.

Health and exercise science pathway career opportunities include: exercise rehabilitation specialist, exercise referral co-ordinator, health and well-being physiologist.



Jack Buckland

Locality Manager, Help and Care

BSc (Hons) Health, Nutrition and Exercise Science, 2020

I started at Help and Care as a health and wellbeing coach, and have now moved up to manager. We are a non-profit organisation, working in partnership with the NHS to deliver free health services to the public. We help clients suffering from chronic health conditions such as obesity, diabetes, arthritis, and so on, to self-manage their conditions and take more control of their lives. Taking a person-centred approach, the concept is to help the client have control over their healthcare decisions, a vision that is growing in the current health climate.

My understanding of 'motivational interviewing' – which I learned during the public health and health promotion modules at university – helped me to secure my current job because my employers needed somebody who understood that clients already have the solutions to their problems and just need help discovering what they are. The fantastic in-house initiatives – such as Solent Nutrition and the exercise rehabilitation scheme – gave me this experience, so when I was interviewed for my job, I really did feel that I was the complete package and interviewed with confidence.

“Solent is a very modern and friendly place to study, with a real focus on employability alongside academic success.”

Solent is a very modern and friendly place to study, with a real focus on employability alongside academic success. My lecturers were always approachable and encouraged a critical eye, which made our relationships interesting and fun. Southampton as a city is great because almost everything is in walking distance. There is a vibrant city centre with buzzing nightlife, while only being a short walk from green spaces such as the parks and the common.

In the future, I plan to gain more experience and pursue a career in public health by gathering a portfolio of evidence in order to become a registered public health practitioner with the UKPHR. I'm excited about my future and have my Solent health, nutrition and exercise science course to thank for getting me off to a great start.

BSc (Hons)

Mental Health Nursing

UCAS tariff: **104-120**

Course page and UCAS code: www.solent.ac.uk/MHN1

Learn essential clinical skills on this NMC-accredited degree, leading to a rewarding and fulfilling nursing career in mental health.

- Accredited by the Nursing and Midwifery Council. On successful completion of the programme you'll be entitled to register with the NMC.
- You will gain excellent career prospects – there is significant local and national demand for nursing graduates.
- The course will enable the achievement of recognised additional qualifications in skills such as mental health, first-aid and suicide prevention.
- Take part in a wide range of clinical placements in all years of study, in a variety of primary and secondary mental healthcare services such as community and hospital teams, forensics services and specialist providers.
- Our teaching team has excellent teaching and clinical experience. They can help you to become a skilled mental health nurse in order to make a positive difference to people's lives and the wider communities you work within.

- Top 20 in the UK for mental wellbeing in mental health nursing studies, out of 72 institutions (NSS 2024).

You will learn directly from leading experts in their field so that you can become a skilled, thoughtful and authentic mental health nurse, confident that you are making a positive difference to people's lives and the wider communities you work within.

Suitable roles for graduates include:

Band 5 mental health nurse, supervisor for student nurses, postgraduate study.



Research at Solent

At Solent, research isn't just for academics, or for postgrads and PhDs. Research is for everyone, from undergrad up.

Studying with us, you're part of an active research community – not just learning from researchers in every field, but incorporating that research into your studies.

The way we teach, the practical projects and applied theory you'll be studying? It's informed by the latest research, inspiring and encouraging you to ask questions, investigate problems, propose solutions and create new knowledge. And ensuring you'll be at the forefront of industry thinking when you graduate.

Along with the habits, thinking processes, and curiosity to become a learner for life – evaluating research and industry developments throughout your career – you'll have plenty of opportunities to develop your own research as well, or become a part of a larger project.

Solent students have co-authored papers, worked hand-in-hand with industry on knowledge exchange projects, crewed research films, and even presented their work at the UK parliament.

It's a chance to deliver real-world impact in our communities and our society – and it's open to everyone.

Our areas of focus

Across all of our courses we deliver a unique curriculum shaped around inspiring industrial partnerships, ground-breaking professional insights, knowledge exchange and research – divided into four key areas of focus:

- **Environment and engineering**
Safe and sustainable energy, transport, and material systems.
- **Social research and policy**
Improving individual and community wellbeing through practice, provision, and policy.
- **Human function and health**
The evaluation of human function, health and the social context.
- **Media, culture and the arts**
Communication, cultural and media studies, creative arts and practice.

Social work research

Research in social work at Solent is very much about co-creation with those affected by or experiencing a particular issue, whether that be people with lived experience of social work, their carers, local authorities, community groups and even our student colleagues, to find novel and innovative ways of making a positive difference in terms of well-being and outcomes.

Recent research projects conducted by students and staff at Solent analysed:

- the challenges of the COVID-19 virus experienced by social work students in practice placement.
- the resettlement experience of young people with special educational needs and disabilities (SEND), who have been released from the youth custodial estate.
- the dearth of men now engaged in social work training.

BA (Hons)

Social Work

UCAS tariff: 104–120

Course page and UCAS code: www.solent.ac.uk/L501

Make a positive change and pursue a fulfilling career in social work. On this degree, accredited and approved by Social Work England, you'll gain the knowledge and practical experience that are key in making a difference to the lives of vulnerable people.

Why Solent?

- This is a Social Work England accredited and approved degree, which means that you'll be eligible to apply for registration as a social worker on successful completion of your degree.
- The course is led and taught by qualified and registered social workers.
- The course is designed in partnership with social work practitioners, service users and carers, ensuring you're up-to-date with the latest developments in the field.
- It is the only social work degree in the south that offers a part-funded extracurricular international work placement. This four- or five-week work experience will allow you to enhance your CV.
- You'll complete two significant periods of work experience thanks to our partnerships with local authorities, as well as many other social care organisations. Students have recently completed work experience at No Limits, the Society of St James, the Prince's Trust and the YMCA.
- We use research as evidence to guide social work practice as a cornerstone of our teaching, and we hold an annual social work research conference.
- We co-chair a regional social work education network (SHIP/SWEN).
- Suicide prevention first-aid training is embedded within the curriculum.
- We have strong connections with the British Association of Social Workers (BASW).
- Learn from experts from areas of contemporary social work practice including gangs, county

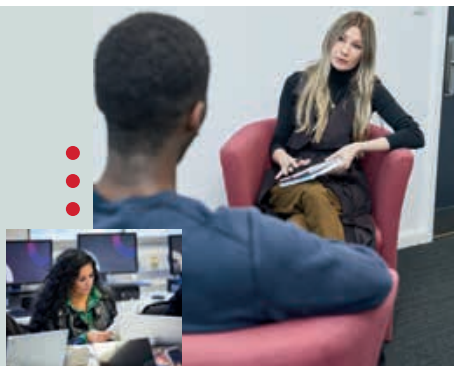
- Top 3 for University of the Year at the Social Worker of the Year Awards 2022.
- Top10 in the UK for employability (HESA 2023)
- 96% positivity score for learning resources (NSS 2024)
- 91% positivity score for teaching on the course (NSS 2024)

lines, female genital mutilation (FGM), stabbings, and so on.

In your first two years, you'll learn the basis of social work theory as well as looking at subjects such as law and sociology. In your final year, you can choose to specialise in adults or children and families support to help focus your career path upon graduation. You'll complete two significant periods of work experience in either local authorities or voluntary, private and independent organisations in the region.

Graduates have careers in/for:

social work, therapeutic practice, youth services, health, education.



Ricky Mo

Social Worker, Southampton City Council

BA (Hons) Social Work, 2017

How did Solent prepare you for your career?

Solent University prepared me for my career in social work by teaching me about legislation, social work theories and methods, and interpersonal skills that would underpin my practice. The social work lecturers were always available to offer support and to impart their knowledge and experience to draw the best out of me.

Tell us a little about your career story so far.

As my third-year placement was coming to an end, I was asked by a senior practitioner from a different department if I would like to work for them on a three-month contract. After two weeks, I was called into the office and told that they were not going to renew my contract as the learning disabilities team had requested that I work with them, carrying out Care Act assessments – I happily accepted the position. After a month of working with them, a permanent post came up and I was asked to apply. I got the job and began working with them full-time before I even graduated.

Tell us about what you are doing now and what it involves.

A typical working day generally consists of responding to emails and making telephone calls to clients, other professionals and service providers. All communication needs to be case-noted so that there is always a record of progress and outcomes. Sometimes it is required to visit a client to assess their care and support needs. Once this is done, the assessment needs to be typed up, followed by creating a support plan and a package of care to meet any identified needs.

Mental capacity assessments may also need to be carried out if there reason to believe a person lacks capacity to make a particular decision at a particular time due to a cognitive impairment.

I also complete Community Deprivation of Liberty applications made to the Court of Protection when a person who resides in a community setting has been assessed as lacking the capacity to consent to their care/treatment arrangements, are under continuous supervision and not free to leave.

Finally, my job requires me to complete continuing healthcare checklists where someone may have health needs that require interventions that are above what the local authority are able to provide and attend multi-disciplinary team meetings to determine whether this is met by the local authority, the NHS or joint funded by both.

What tips would you give to someone wanting a career in your industry?

- Document everything – if it is not recorded, it did not happen.
- Look at your tasks daily and prioritise accordingly.
- You will need to develop your emotional resilience – situations can become quite challenging, so you need to have strategies in place to maintain your own health and wellbeing.
- Ask if you don't know – don't feel embarrassed if you don't know what to do.
- Take full advantage of any training – it is crucial to aid your continuing professional development.
- Make sure you take supervision – this is a good time to reflect on your practice, raise any concerns and be supported to gain some perspective on your workload.

Social Sciences Foundation Year

UCAS tariff: 48

Course page: www.solent.ac.uk/social-sciences-foundation-year

If you don't have the academic qualifications (A-levels, BTECs) or grades you need – or would like to refresh your academic skills – and want to study a social sciences-related degree, our Social Sciences Foundation Year is designed for you.

You'll spend a year building up essential study skills and a strong foundation of knowledge, before moving straight onto one of our social sciences-related undergraduate degree programmes the following year.

Why Solent?

- You'll learn to apply theoretical knowledge to real-world problems.
- Explore contemporary subjects highly relevant to the study of social sciences.
- Teaching is delivered by an experienced and approachable team.

Find out more:

www.solent.ac.uk/social-sciences-foundation-year



“The foundation year helped me ease into the full degree programme and gave me the opportunity to network with people studying in the same sector. Completing the foundation year also made my first year of university less daunting.”

Aisha Fiaz, Foundation Year Student

Health foundation degrees

UCAS tariff: 64-96

UCAS codes:

- FdSc Health and Social Care (Health Care Assistant Practitioner) – HSC1
- FdSc Health and Social Care (Nursing Associate) – HSA1
- FdSc Health Care Play Specialism – apply directly contact: admissions@solent.ac.uk



Our health foundation degrees are all HTQ (Higher Technical Qualification) approved, meaning that they provide technical skills training alongside an academic qualification. These are a great way to get the industry training, applied skills and relevant knowledge recognised by employers, ensuring you're work ready when you graduate.

FdSc Health and Social Care (Health Care Assistant Practitioner)

Working as part of the wider health and social care team, healthcare assistant practitioners provide care for service users within the healthcare industry.

You will undertake real world learning on your practice placement working in a real health and social care team and caring for real patients. Students learn from a variety of different skilled and experienced lecturers with a range of backgrounds and areas of expertise including acute and community practitioners. Students have access to state of the art technology and teaching spaces, including the nursing suite and human health lab.

FdSc Health and Social Care (Nursing Associate)

Become a skilled nursing associate in an incredible profession, with fantastic career prospects in a range of different healthcare settings on our NMC-accredited course.

Successful completion of this course allows registration to the NMC as a Nursing associate. Once qualified, nursing associates will be able to

work in a range of settings within the healthcare environment.

Take part in a range of clinical placements in all years of study, in a variety of primary and secondary services, such as community and hospital teams and specialist providers.

FdSc Health Care Play Specialism

Gain the knowledge, skills and behaviours necessary to practice as a health play specialist, supporting infants, children and young people through their healthcare journey.

Study this course via distance learning, enabling you to study anywhere in the world. Develop your professional knowledge, skills and behaviours developed through professional practice portfolio.

Students who successfully complete the course can become eligible to join the public register of Health Play Specialists and to use the job title 'Registered HPS'.



Course list

Course	UCAS tariff points	UCAS code	Foundation Year available
BSc (Hons) Adult Nursing Practice	104–120	ANP1	Y
BSc (Hons) Biomedical Science	104–120	BS01	N
FdSc Health and Social Care (Health Care Assistant Practitioner)	64–96	HSC1	-
FdSc Health and Social Care (Nursing Associate)	64–96	HSA1	-
FdSc Health Care Play Specialism	*	-	-
BSc (Hons) Health, Nutrition and Exercise Science	104–120	HN01	Y
BSc (Hons) Mental Health Nursing	104–120	MHN1	Y
Social Sciences Foundation Year	48	-	-

* Contact our admissions team for details of entry requirements: admissions@solent.ac.uk

Postgraduate study at Solent

We also offer several postgraduate courses in nursing and social work, meaning that if you

decide to continue your studies after your undergraduate degree. Courses include:

Course	Course length
MSc General Practice (Nursing and Allied Health Professionals)	2 years part-time or 3 years part-time
History Taking and Physical Assessment	6 months part-time
Independent and Supplementary Prescribing	6 months part-time
PGCert Independent Prescribing Practice	1 year full-time
PGDip Social Work	18 months full-time
MA Social Work	2 years full-time
PGCert Social Work Practice Education	1 year part-time

Apprenticeships

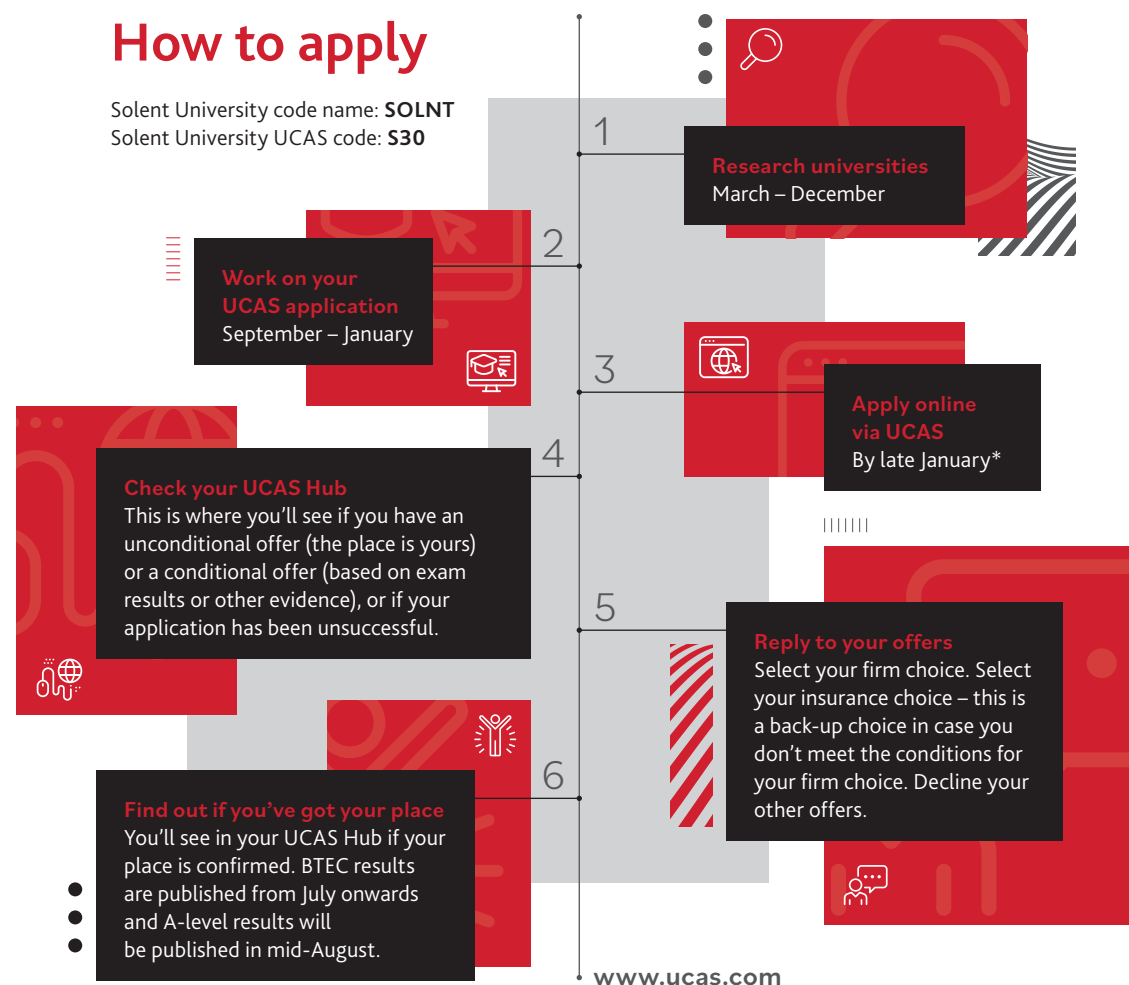
As well as our standard degrees, we also offer a selection of health apprenticeships so you can earn whilst studying. Candidates on an apprenticeship will need to be sponsored by

an employer and will typically work for four days of the week, using the remaining day to attend classes and study.

www.solent.ac.uk/apprenticeships

How to apply

Solent University code name: **SOLNT**
Solent University UCAS code: **S30**



* Applications to Solent University are open until 30 June, after this point you will be automatically entered into Clearing.

52 weeks to go

Thinking about university but not sure what's next? Cut through the confusion and get ready for uni with our friendly weekly breakdown, offering advice and tips on every step of the way – from picking a course that's right for you to applying, enrolling and moving in.

Follow along at www.solent.ac.uk/52-weeks



Discover our courses

Southampton Solent University,
East Park Terrace, Southampton SO14 0YN

Course enquiries: +44 (0)23 8201 3039

Main switchboard: +44 (0)23 8201 3000

Email: admissions@solent.ac.uk

www.solent.ac.uk

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