



**Southampton  
Solent  
University**

# Psychology, Sociology and Education

Undergraduate courses 2026



Best university in Hampshire for learning opportunities, teaching, assessment and feedback, and academic support (NSS 2025).



**THE  
SOLENT  
I SEE,  
SEES ME.**

If you're fascinated by how the human mind works, how it develops over time, and how it shapes both individual behaviour and broader social dynamics, studying psychology, sociology, and education can open a world of knowledge. These disciplines explore everything from cognitive development and emotional wellbeing to social structures, cultural influences, and learning processes. Whether you're interested in understanding why people think and act the way they do, how societies function, or how education can be used to inspire and empower, these courses provide the tools and perspectives to explore human behaviour in depth—and apply that understanding to real-world challenges.



## Why Solent?

- Our psychology degrees are accredited by the British Psychological Society (BPS).
- Our psychology degrees are ranked 11th in the UK\* for academic support in the subject of psychology, out of 116 institutions (NSS 2025). \*Ranking is compared to the 131 UK Universities (usual League table providers) with this subject area.
- Solent ranked in the top 25% of UK universities for satisfaction with assessment in psychology (out of 116 institutions) (The Guardian University Guide 2025).
- Attend guest lectures by health and medical practitioners, and thanks to our close industry links, your teaching will always be guided by research and real-world knowledge.
- Gain L2 and L3 Certificates in Counselling Skills alongside your BSc (Hons) Psychology with Counselling and Mental Health, boosting your future employability.
- Charities and private companies regularly provide mentoring, training and live briefs for specific units.

Course list	UCAS tariff points	Foundation Year available	URL and UCAS code
BA (Hons) Education	104-120	–	<a href="http://www.solent.ac.uk/DUC1">www.solent.ac.uk/DUC1</a>
BSc (Hons) Psychology	104-120	Y	<a href="http://www.solent.ac.uk/C800">www.solent.ac.uk/C800</a>
BSc (Hons) Psychology with Counselling and Mental Health	104-120	Y	<a href="http://www.solent.ac.uk/CC88">www.solent.ac.uk/CC88</a>
BSc (Hons) Psychology with Sociology	104-120	Y	<a href="http://www.solent.ac.uk/PWS1">www.solent.ac.uk/PWS1</a>
BA (Hons) Sociology	104-120	Y	<a href="http://www.solent.ac.uk/S001">www.solent.ac.uk/S001</a>
BSc (Hons) Sport and Exercise Psychology	104-120	Y	<a href="http://www.solent.ac.uk/SEP1">www.solent.ac.uk/SEP1</a>
BSc (Hons) Psychology with Criminology	104-120	Y	<a href="http://www.solent.ac.uk/PWC1">www.solent.ac.uk/PWC1</a>

## Specialist facilities and equipment

During your studies you will have access to a range of state-of-the-art facilities to support your learning.

- Dedicated psychology labs featuring experimental cubicles and psychophysiological recording equipment.
- Sophisticated eye-tracker facility to trace eye positions on a computer screen, and Biopac software to measure the participant's physiological reactions, such as heart rate and skin conductivity.
- Solent's five-storey library offers access to over 150,000 books in print and online, and over 33,000 e-journals, to support your studies.
- Our academic team has vast industry and teaching experience, and thanks to our close industry links and guest lectures, your teaching will always be guided by research, and real-world knowledge.



Take a virtual tour of our state-of-the-art facilities – visit [explore.solent.ac.uk](http://explore.solent.ac.uk)



When I was choosing my university, it was the academic side that drew me to Solent, and also that the ethos aligned with mine. Integrity is really important to me, and the University felt like a no-nonsense, 'do the right thing' type of institution, which I like."

**Jax Usmar**  
BSc (Hons) Mental Health Nursing student



I think university life helped me to develop my confidence and independence, which readied me for the start of my career in mental health services. I think that the lecturers who discussed their clinical experience – along with the theory and practice of psychology – really motivated me to want to pursue a career in the field of psychology."

**Mark Griffiths, Clinical Associate Psychologist (CAP), Broadmoor Hospital**  
BSc (Hons) Psychology (Counselling) (now called BSc (Hons) Psychology with Counselling and Mental Health), 2014

Discover more graduate success stories at [www.solent.ac.uk/PSE-stories](http://www.solent.ac.uk/PSE-stories)

## How to apply

For information and advice on how to apply to Solent, find your course at [www.solent.ac.uk/courses](http://www.solent.ac.uk/courses) and visit the 'How to apply' section.

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[solent.ac.uk](http://solent.ac.uk)

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V2/10/25