

## Gym and Fitness memberships for Staff:

### Types of Staff Membership

There are currently three types of membership, Bronze, Silver and Gold and each one permits different uses of SS facilities.

Bronze – Access to Fitness classes. Where the class states L.O. this is a ladies only class.

Silver – Access to Gyms only - St Marys Gym and weights room, RMG 15 in the Reginald Mitchell building and Warsash gym.

Gold – Access to Fitness classes and the Gyms

### Yearly membership

1.1) The Annual memberships are offered at a discounted price as an incentive to the member to commit to a year and for ease of ongoing admin costs to SS. This type of membership cannot be paid in instalments

1.2) The member shall have the right to terminate the contract during the 14 days following the date on which the contract was formed. To terminate the contract in accordance with this clause, the member must give SS notice in writing of such termination. Any use of the membership within that 2 weeks will be deducted from the refund at the “pay as you go” price\*. An admin fee of £10.00 will also be deducted.

1.3) Refunds for the annual membership will only normally be considered in circumstances where services are withdrawn for more than 7 full days. (This does not include planned university closures such as additional days at Christmas, one off staff training days, and all Bank holidays. Such closures will be advertised on the portal and in-house not less than 1 month prior to the planned closure.) Or the debilitating illness of the member. In cases of serious or debilitating illness, Refunds will be considered where it can be demonstrated that exercise may be detrimental.

1.4) If a refund is agreed, it is likely to be part way through the year. The cost of the membership reverts to the cost of a monthly\* membership and will be calculated before the refund is awarded. There will also be an admin fee of £10.00 applied. (Example below)

1.5) Only complete months remaining on the membership will be calculated.

Example:

12 month bronze membership = £110.00

Member requests Cancellation after 5 months.

The Monthly price of a bronze membership is £13.00

£13.00 x 5 months usage = £ 65.00 plus Admin fee £10.00 = £75.00

Therefore £110.00 minus £75.00 = Refund of £ 35.00 is given.

\*A list of Pay as you Go, Monthly and Yearly prices are available from each facility or on the portal and will not be included in this document.

## 2 Monthly membership through Payroll: (SSU staff only)

2.1) The member shall have the right to terminate the contract during the 14 days following the date on which the contract is formed. To terminate the contract in accordance with this clause, the member must give SS notice in writing of such termination. Any use of the membership within that 14 days will be deducted from the refund at the “pay as you go” price\*. An admin fee of £10.00 will also be deducted.

2.2) Membership is always paid in arrears at the end of every month through the Payroll system.

2.3) Pro-rata payments cannot be deducted from the member’s salary. If a membership begins in the middle of the month the member will be required to pay the “pay as you go” prices until the last of that month.

Example:

Membership commences 10<sup>th</sup> September. Member will “pay as you go” until the 30<sup>th</sup> September

31<sup>st</sup> October is the first date a payment can be deducted from salary. Membership commences from the 01<sup>st</sup> October – fees paid in arrears on the 31<sup>st</sup> October through payroll

2.4) Cancellation of membership must be in writing and received by SS before the 8<sup>th</sup> of the month (in order that membership fees are not taken on the last day of that same month). There is no minimum sign up time on the contract or for how many months a member keeps their membership.

2.5) The member may cancel after one month within the dates shown above. Any use of the membership within the first 8 days of the month will be claimed at the “Pay as you go” prices.

Refunds for a part of a month are not given as pro-rata refunds are not made.

## General terms and conditions

### Definitions

“SS” means Solent Sport

“SSU” means Southampton Solent University

“Member” means the person named on the membership form

“EPT” means East Park terrace - sports hall 3 / RM 319 / RMG 15

“St M” means St Marys – Sports halls 1 and 2 and Activity Room

“Contract” means the membership period

The headings in these terms are for convenience and shall not affect their interpretation

### 3 Membership

3.1) All new Silver and Gold members are required to book an induction before they are permitted to use their membership in the Gym. Members with previous experience using equipment at other gyms will still be expected to take part in an induction but it will be tailored to the individuals experience and good practice and combined with SS requirements and good practice. Inductions are free of charge and can be booked via the telephone or at any sports facility reception

3.2) Proof of identity (SSU staff card) may be asked for at the time of purchase of the membership, at the time of booking or upon entry.

3.3) Under no circumstances must the membership be used by anyone other than the member. This will result in the membership being withdrawn. Membership is strictly non-transferable and cannot be frozen, suspended or sold to a third party.

3.4) SS reserves the right to close the facilities and fitness suites or withdraw any activity, facility or programme without notice should it be due to unforeseen circumstances or poor attendance, or to adjust the hours of opening for the purpose of maintenance, decoration, repair or other legitimate business of the university

### 4 Conduct

4.1) Members shall not abuse the equipment, facilities or staff of the university

4.2) /any Damage to SS property shall be paid for in full by any member who wilfully or negligently causes such damage

4.3) Disorderly, rude or offensive behaviour will result in refusal of entry into SS Facilities

4.4) No member shall bring intoxicating liquor or drugs into the facilities or attempt to use the facilities whilst under the influence of alcohol, narcotics or other mood altering substances

4.5 Members use the facilities at their own risk, SSU does not accept responsibility for any harm or injury to any customer unless caused by agents of the university.

#### 5 Physical condition

5.1) The member shall not use any of SS facilities whilst suffering from any infectious illness, disease or ailments (such as open cuts), or where there is a risk that use of the facilities may be detrimental to the health, safety or comfort of all members.

5.2) The member will be required to complete a PARQ form before commencement of their Induction and declare that they are fit and well enough to take part in physical activity.

#### 6 Dress

6.1) Appropriate clean clothing / training wear should be worn when taking part in any type of physical activity. E.G Trainers, T-shirt and Leggings / shorts, water bottle and sweat towel. Clothing such as Denim, flip-flops, sandals, bare feet or loose clothing are not permitted.

#### 7 Limitation of Liability

In consideration of SSU offering use of the sports and fitness facilities, members agree that neither SSU nor its employees shall be liable for any loss, damage or theft of any property belonging to, or brought onto the premises by a member, occurring within the facilities unless caused by negligence of SSU management, employees or agents.

#### 8 Reservations / bookings

8.1) Reservations for classes can be made up to 8 days in advance

8.2) A minimum of 24 hours' notice is required to cancel a booking. SS reserves the right to refuse bookings from customers who consistently fail to honour appointments.